

# A SUPPORT PACK FOR HEALTH PROFESSIONALS

## Working with families affected by a disability or health condition from pregnancy to pre-school.

Sharing difficult news with parents about their child is a challenging task requiring skill and sensitivity. This support pack aims to provide health professionals with practical suggestions on how best to communicate information and offer appropriate support to parents at significant times from pregnancy to pre-school.

The support pack has ten inserts covering topics including:

- **Prenatal diagnosis**
- **Options following a prenatal diagnosis**
- **Death in utero**
- **Information sharing in neonatal units**
- **Care and support at home**
- **Referral to a genetics clinic**
- **Support for fathers, siblings and grandparents**

At the end of each insert there is a list of 'Useful organisations' and 'Useful resources'.

The support pack is primarily intended for **ultrasonographers, obstetricians, midwives, neonatal nurses, paediatricians, health visitors and counsellors.**

This support pack has been funded by the Department of Health and produced by Contact a Family.

A free copy of the pack can be downloaded from: <http://www.cafamily.org.uk/HealthSupportPack.pdf>

Up to ten free copies can be ordered through Contact a Family's Freephone Helpline 0808 808 3555

There is a postage charge of 25p each for more than 10 copies, please contact Debbie Barker for details, Tel: (020) 7608 8700, e-mail: [debbie.barker@cafamily.org.uk](mailto:debbie.barker@cafamily.org.uk)

