

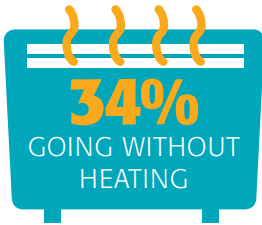
# Counting the Costs 2014 in Scotland

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Key findings from 323 Scottish families surveyed as part of Contact a Family's Counting the Costs research.

## Going without

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## In debt

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**35%**  
HAVE TAKEN OUT A  
LOAN FOR THE BASICS

# Impact of financial worries



**21%**

SAY THEIR CHILD'S HEALTH HAS WORSENE



**62%**

HAVE SUFFERED ILL HEALTH THEMSELVES AS A RESULT



**14%**

SAY IT HAS CAUSED THEIR MARRIAGE OR RELATIONSHIP TO BREAKDOWN

# Benefit changes



**28%**

WORSE OFF AS A RESULT OF BENEFIT CHANGES



**62%**

SEE THEIR FINANCIAL SITUATION WORSENING IN THE NEXT YEAR – 58% DUE TO BENEFIT CHANGES



**62%**

CONFUSED ABOUT HOW FUTURE BENEFIT CHANGES WILL AFFECT THEM

Confused about changes to the benefit system? Please call 0808 808 3555

**contact** a family  
for families with disabled children

Contact a Family  
Scotland is calling  
for a fairer deal  
from energy  
companies and the  
UK benefits and tax  
system for families  
with disabled  
children.

**Join the campaign**  
[www.cafamily.org.uk/takeaction](http://www.cafamily.org.uk/takeaction)

Registered Charity Number:  
284912 Charity registered  
in Scotland No. SC039169.  
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November 2014

