

## Northern Ireland Publications List 2006 – 2007

### Leaflets/Reviews

- **‘In Contact’:** The newsletter of Contact a Family Northern Ireland, giving information on events, workshops, local groups and organisations.  
*Available free upon request, multiple copies £0.05p each*
- **NI General Leaflet.** Outlining the services available from the Northern Ireland office. Useful for healthcare professionals to give to parents.  
*Available free upon request, multiple copies £0.05p each*
- **Parent & Paediatricians Together Leaflet – joint project between Contact a Family and Royal College of Paediatrics.** The partnership’s essential concept is to create effective two-way communication between the parents of disabled children across the UK and the paediatricians who work with them  
*Available free upon request, multiple copies £0.05p each*
- **Finding Medical Information on the Internet:** This leaflet aims to help families judge if a website provides relevant quality information.  
*Available free upon request, multiple copies £0.05p each*
- **Contact a Family Northern Ireland Posters**  
*Available free upon request to be put up in your local area*
- **Helpline Cards:** ‘Credit Card Style’ cards with our freephone helpline details. Useful for any healthcare professional to distribute to parents.  
*Available free upon request, multiple copies £0.05p each*
- **Fathers Poster**  
*Single copies free, multiple copies £0.05p each*
- **Freephone Helpline Evening Service Posters**  
*Available free upon request, multiple copies £0.05p each*

- **Concerned About Your Child?:** Leaflet tells you about some of the people who may be able to help. A short leaflet on getting help if you are concerned about your child. Briefly discusses issues surrounding feeding, speech, coordination, teeth, toilet training, learning, behaviour and sleep. It also has a description of specialist terms.

Available free upon request, multiple copies £0.05p each

## Periodicals/Magazines

- **The Contact a Family Directory: Specific Conditions, Rare Disorders and UK Family Support Groups.** The Contact a Family Directory is a unique resource containing over 350 entries covering over 900 rare disorders ranging from Abdominal Exstrophies to XYY Syndrome. The Contact a Family Directory is much valued by professional workers who rely on its consistently high standard of information, all of which is written and endorsed by the foremost medical authorities in the UK and abroad.

Price – £35.00

- **The Contact a Family Directory: CD-ROM Annual Subscription** of four quarterly CD-ROM updates. Minimum specification: Pentium processor, 64Mb RAM, 24Mb hard disk space, Windows 98 or higher.

Single User – £88.13 incl VAT. Multi-user licence available – ask for details

- **The Contact a Family Rare Eye Conditions Directory:** Specific eye conditions, rare eye disorders and UK Family Support Groups.

Price – £15.00

- **Share an Idea the magazine of Contact a Family:** Share an Idea is published three times a year and is available by subscription for £10 per annum. Parent Support Groups and Contact Parents in touch with Contact a Family Northern Ireland receive one free copy. Additional copies to the same address are available for £3 per annum.

- **Contact a Family Annual Review**

Single copies free, multiple copies £0.50p each

- **When Your Child Has Additional Needs:** A guide for parents who care for a child with a disability, special need or rare disorder. The aim of this booklet is to give you some pointers to the kind of help you may be able to get and different professionals you will come into contact with. At the end of this booklet there is a list of organisations which can provide further help and advice tailored to your own family's needs.

£1.00 per booklet

- **Making Contact** – Explains all the ways in which families with disabled children can get in touch with other families.

Single copies free to parents

- **The Lone Parent's Guide:** to Caring for a Child with Additional Needs. Almost three in ten parents have a sick or disabled child and, for many, the pressure is intense. Getting information about financial help, services and the rights of children with additional needs is especially difficult for parents who are bringing up children on their own. This guide, in conjunction with One Parent Families is especially written for lone parents and will help parents address what their rights are and options they have and will give useful pointers to where they can get further help and information.

Single copies free, multiple copies £2.50 each excluding p&p

### Individual Factsheets:

Fathers.

Benefits, tax credits and other financial assistance.

Grandparents.

Holidays, Play and Leisure.

A Genetic Condition in the Family.

Siblings

Working and caring for a disabled child.

Caring for a disabled child – a guide for students & professionals

Living without a Diagnosis

The Tax Credits guide

Relationships & caring for a disabled child

Specific disorders and your child's behaviour

Aids, Equipment and Adaptations

Specific Disorders and your child's behaviour

Dealing with Debt in Northern Ireland

Single copies free: multiple copies 50p each

### Packs

- **A Support Pack for Health Professionals:** A support pack for health professionals working with families affected by a disability or health condition from pregnancy to pre-school.

£2.00 per booklet

- **Parent Participation Pack –**

Improving services for disabled children and their families, Two practical and authoritative guides have been produced by Contact a Family working with the Council for Disabled Children. The guides, one for parents of disabled children and one for professionals at every level, outline the benefits of parent participation, flag up some common pitfalls, and identify the key principles that underpin effective parental involvement.

Professional Guide £15, Parents Guide £0.20p each

- **Health Settings: Parent Participation Improving services for disabled children.** This guide contains examples from around the UK where parents are involved in improving the way services are delivered in a variety of paediatric settings.

£1.00 per booklet

- **Contact a Family Group Action Pack:** Parents of disabled children recognise the value of the mutual support of others in a similar situation. If this support has been difficult to find in your area, you may be thinking of starting a local parents’ group. This pack has been designed to help you do just that. It includes the following guides:

Questions before you start	Starting a local parent’s group
Charity Registration	Holding an open meeting
Employing a paid worker	Attracting and keeping members
Publicity	Local campaigning
Leaflets	Professionals & parents support groups
Virtual Communities	Starting a national support group
Websites	Developing a national support group
Data protection	Fundraising for parents’ groups
Effective meetings	Producing a newsletter for your group
Meetings via tele-conferences	The role of a medical advisor
Public Speaking for Parents	Holding a national family day
Speaking to the Media	The role of Trustees
Writing a news release	Patrons and celebrity support

These guides can be downloaded from our website or from the local Contact a Family office – Copies free to local parents groups and £0.50p per pamphlet otherwise.

**Growing Up, Sex and Relationships:** Contact a Family has published a series of booklets looking at how being disabled might impact on issues around sex and relationships for young people. The booklets offer guidance on what support is available to young people as they start to form intimate relationships. There are three booklets:

**Growing Up, Sex and Relationships:** a booklet for young disabled people.

**Growing Up, Sex and Relationships:** a booklet to support parents of young disabled children.

**Growing Up, Sex and Relationships:** a booklet for teachers.

Individual copies are £0.10p each

- **A Checklist for Parents in Northern Ireland:** As a parent of a disabled child you are often entitled to a series of benefits and other help. This pamphlet contains a selection of the most common. The pamphlet briefly explains what they are, and who is entitled to claim them.

Individual copies are free to parents and £0.50p to professionals.

If you would prefer not to read in English, but understand the spoken word, a free audio tape of our guides, are available in English from our helpline. Our helpline service also has access to an interpreting service called Language Line. This means that we can arrange for you to speak to a parent adviser in any one of over 100 languages. You just need to call us on **0808 808 3555** and give us your phone number and preferred language and we will call you back via an interpreter, usually within a few minutes. Two of our parent advisers are registered with the Office of the Immigration Service Commissioner to give basic immigration advice. All our advice and information services are **free of charge to parents.**

If you would like information in another language or format, please ask us.

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Please return form to Contact a Family N.I. Bridge Community Centre, 50 Railway Street, Lisburn BT28 1XP. Alternatively you can contact us via Telephone 028 92 627552 or Email [nireland.offices@cafamily.org.uk](mailto:nireland.offices@cafamily.org.uk) Website [www.cafamily.org.uk](http://www.cafamily.org.uk)

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