

Spring Bulletin 2011

### **“BIGGEST SHAKE UP TO THE BENEFITS SYSTEM IN GENERATIONS”**

Says Derek Sinclair, Senior Welfare Rights Specialist at Contact a Family (London)

Changes include replacing means tested benefits with a new 'universal credit'; a major reform of Disability Living Allowance (DLA) and cuts in housing benefit. These changes will impact on all families with children with additional needs with some changes starting as soon as this April.

For the **Guide to Future Benefit Changes** please call our Helpline on **0808 808 3555**

### **STOP THE DLA TAKEAWAY CAMPAIGN**

We are calling for the new hospital stay rules to be scrapped and DLA Carer's Allowance reinstated after the new 84 day stay limit. Please join the campaign by emailing your MP and asking him or her to sign the *Early Day Motion DLA for children in hospital* number 1520.

[www.cafamily.org.uk/campaigns/dlatakeaway](http://www.cafamily.org.uk/campaigns/dlatakeaway)  
[www.findyourmp.parliament.uk](http://www.findyourmp.parliament.uk)

### **DISABLED CHILDREN MATTER WALES**

The DCMW is calling on the next Welsh Assembly Government to improve services for disabled children and young people by asking candidates to sign the DCMW candidate pledge:

- To meet with disabled children, young people and their families
- To promote the rights of disabled children and young people at the Assembly
- To find out how money is being spent locally and nationally on disabled children
- To support measures to transform services

KEY PRIORITIES for the campaign are: better post 16 education, more things to do and places to go, better pre-school play and child care opportunities and more short break services.

Details of the DCMW candidate pledge and how to contact your local candidates can be found on the DCMW website:  
[www.dcmw.org.uk](http://www.dcmw.org.uk)

### **WE MET 989 OF YOU LAST YEAR!**

...at free film/workshop events, arts & music clubs, residential weekends and at workshops on sexuality, benefits, epilepsy and Statementing plus the Early Support Programme throughout Wales...

### **FAIR PLAY FOR DISABLED CHILDREN AND YOUNG PEOPLE IN WALES**

Contact a Family Wales were pleased to participate in the Bevan Foundation research into disabled children and play. The Report found:

- Nearly 40% of disabled children did nothing or only one social activity on a regular basis
- A third only had two or three activities
- A small minority were extremely busy with different activities

Full report and summary from

[www.bevanfoundation.org](http://www.bevanfoundation.org)

01495 356702

### **GOOD NEWS!**

#### **DLA Improvements**

From April, children aged 3 or above, who have a severe visual impairment will qualify for the higher rate of the DLA mobility component.

#### **Wheelchair Success**

The Welsh Assembly Government has announced that an additional recurring £2.2million will be invested in reducing waiting times for wheelchair services, particularly children and young people. The number of clinical staff making assessments is being doubled from April.

**A very big thank you to all the families who helped the campaign.**

### **WALES OFFICE CONTACTS**

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NATIONAL POLICY AND CAMPAIGNING

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Bwletin Gwanwyn 2011

## “NEWID YN Y SYSTEM BUDD-DALIADAU Y MWYAF MEWN CENEDLAETHAU”

meddai Derek Sinclair, Uwch Arbenigydd Hawliau Budd-dal Contact a Family (Llundain).

Mae'r newidiadau yn cynnwys cyflwyno 'credyd cyffredinol' newydd yn lle budd-daliadau prawf modd, diwygio sylfaenol ar y Lwfans Byw Anabled a thorri budd-dal tai. Bydd y newidiadau hyn yn effeithio ar bob teulu sydd â phlant ag anghenion ychwanegol gyda rhai o'r newidiadau yn cychwyn mor fuan â mis Ebrill eleni.

I gael ein **Canllawiau ar newidiadau Budd-dal y Dyfodol** ffoniwch ein Llinell Gymorth ar **0808 808 3555**

## YMGYRCH I ATAL DILEU'R DLA

Rydym yn galw am ddileu'r rheolau newydd ar arhosiad ysbyty ac i Lwfans Gofalwyr DLA gael ei ailgyflwyno ar ôl y terfyn arhosiad newydd o 84 diwrnod. Ymunwch â'r ymgyrch drwy anfon e-bost at eich Aelod Seneddol a gofyn iddo/iddi lofnodi *Cynnig Bore Cynnar DLA ar gyfer plant mewn ysbyty rhif 1520*.

[www.cafamily.org.uk/campaigns/dlatakeaway](http://www.cafamily.org.uk/campaigns/dlatakeaway)  
[www.findyourmp.parliament.uk](http://www.findyourmp.parliament.uk)

## PLANT ANABL YN CYFRI CYMRU

Mae Plant Anabl yn Cyfri Cymru yn galw ar bwy bynnag fydd yn ffurfio Llywodraeth Cynulliad Cymru ar ôl yr etholiadau ym mis Mai i wella gwasanaethau ar gyfer plant a phobl ifanc anabl drwy ofyn i ymgeiswyr lofnodi ymrwymiad ymgeiswyr Plant Anabl yn Cyfri Cymru:

- Cwrdd gyda phlant a phobl ifanc anabl a'u teuluoedd
- Hyrwyddo hawliau plant a phobl ifanc anabl yn y Cynulliad
- Canfod sut y gwerir arian yn lleol ac yn genedlaethol ar blant anabl
- Cefnogi mesurau i drawsnewid gwasanaethau

Y **BLAENORIAETHAU ALLWEDDOL** ar gyfer yr ymgyrch yw: gwell addysg ôl 16, mwy o bethau i'w gwneud a lleoedd i fynd iddynt, gwell cyfleoedd chwarae cyn-ysgol a gofal plant a mwy o wasanaethau seibiant byr.

Mae manylion yr ymrwymiad ymgeiswyr a sut i gysylltu â'ch ymgeiswyr lleol ar gael ar wefan Plant Anabl yn Cyfri Cymru:  
[www.dcmw.org.uk](http://www.dcmw.org.uk)

## FE WNAETHOM GWRDD Â 989 OHONOC H Y LLYNEDD!

...mewn digwyddiadau ffilm/gweithdy, clybiau celf a cherddoriaeth, penwythnosau preswyl ac mewn gweithdai ar rywioldeb, budd-daliadau, epilepsi a datganiadau ynghyd â'r rhaglenn CefnogiCynnar ledled Cymru.

## CHWARAE TEG I BLANT A PHOBL IFANC ANABL YNG NGHYMRU

Roedd Cyswllt Teulu Cymru yn falch i gymryd rhan yn ymchwil Sefydliad Bevan ar blant anabl a chwarae. Canfu'r Adroddiad:

- Nad oedd bron 40% o blant anabl yn gwneud unrhyw weithgaredd cymdeithasol neu ddim ond un gweithgaredd yn rheolaidd.
- Dim ond dau neu dri gweithgaredd oedd gan draean.
- Roedd lleiafrif bychan yn brysur iawn gyda gwahanol weithgareddau.

Adroddiad llawn a chrynodeb gan

[www.bevanfoundation.org](http://www.bevanfoundation.org)

01495 356702

## NEWYDDION DA!

### Gwelliannau DLA

O fis Ebrill ymlaen, bydd plant 3 oed neu fwy sydd ag amhariad difrifol ar eu golwg yn gymwys am y gyfradd uwch o elfen symudedd DLA.

### Llwyddiant Cadeiriau Olwyn

Cyhoeddodd Llywodraeth Cynulliad Cymru y caiff £2.2 miliwn cylchol ychwanegol ei fuddsoddi mewn gostwng amserau aros ar gyfer gwasanaethau cadair olwyn, yn neilltuoel blant a phobl ifanc. Caiff nifer y staff clinigol sy'n gwneud asesiadau ei ddyblu o fis Ebrill. **Diolch yn fawr i bob teulu a helpodd yr ymgyrch.**

## CYSYLLTIADAU SWYDDFA CYMRU

Keith Bowen, Rheolwr Cymru

POLISI AC YMGYRCHU CENEDLAETHOL

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Jill Bartlett, Swyddog Datblygu

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TEULUOEDD, DIGWYDDIADAU A

GWEITHGAREDDAU

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01248 670965 Seiliedig ger Caernarfon

Rhan-amser: 2.5 diwrnod yr wythnos

Sally Ward, Cynorthwydd Datblygu

YMHOLIADAU, CYLCHLYTHYR A CHRONFA

DDATA

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029 20 396624 seiliedig yng Nghaerdydd

Rhan-amser: Llun - Mercher

# Contact a Family Order Form and Mailing List

Name ..... Organisation (if applicable) .....

Address .....

Post Code ..... Tel No. ....

Please **email** the newsletter Yes/No Please **post** the newsletter Yes/No

**My email is** \_\_\_\_\_ **County** \_\_\_\_\_

<b>FINANCIAL INFORMATION</b>	
Checklist for parents - a useful explanation of help available to parents	
A Guide to claiming Disability Living Allowance for children	
Getting Direct Payments for your disabled child (England and Wales)	
Benefits, tax credits and other financial help	
Tax Credit Guide with ready reckoner	
Working	
Dealing with debt –England and Wales	
Help with Council Tax bills	
Money when your child reaches 16 years of age	
The Winter Guide: help with fuel bills and keeping warm	
<b>GENERAL FAMILY INFORMATION</b>	
Concerned about your child ? Information on who may be able to help.	
Aids Equipment and Adaptations	
About Diagnosis Pack (11 separate guides on diagnosis issues in an A5 folder)	
Holidays, Play and Leisure	
<b>Please circle:</b> Relationships      Fathers      Grandparents      Siblings	
<b>Please circle:</b> Helping your child sleep      Feeding and Eating      Toilet/Potty Training	
<b>GROWING UP</b>	
A guide to dealing with bullying: for parents of disabled children	
Sex and Relationship Education for young people with physical disabilities: a booklet for teachers	
Growing up, sex and relationships: a booklet for young disabled people	
Growing up, sex and relationships: a booklet to support parents of young disabled people	
Preparing for adult life/transition: identifies main areas parents and young people need to think about	
<b>GENERAL INFORMATION</b>	
Contact a Family Wales latest free film showings flier	
Finding Medical Information on the Internet	
Disabled Children's Services in England and Wales	

Please return this form to Contact a Family Wales, 33-35 Cathedral Road, Cardiff, CF11 9HB  
or ring us on 029 2039 6624 or email wales.office@cafamily.org.uk

Please check our website for a number of on-line only publications and Welsh language factsheets

# Ffurflen Archebu a Rhestr Bostio Cyswllt Teulu

Enw ..... Sefydliad (os yn berthnasol) .....

Cyfeiriad .....

Cod Post ..... Rhif Ffôn .....

**E-bostiwch** y cylchlythyr os gwelwch yn dda Ie/Na **Postiwch** y cylchlythyr os gwelwch yn dda Ie/Na

**Fy e-bost yw** \_\_\_\_\_ **Sir** \_\_\_\_\_

<b>GWYBODAETH ARIANNOL</b>	
Rhestr wirio i rieni—esboniad defnyddiol o'r help sydd ar gael i rieni	
Canllawiau ar hawlio Lwfans Byw Anabledd ar gyfer plant	
Cael Taliadau Uniongyrchol ar gyfer eich plentyn anabl (Lloegr a Chymru)	
Budd-daliadau, credydau treth a help ariannol arall	
Canllawiau ar Gredyd Treth gyda chyfrifydd parod	
Gweithio	
Delio gyda dyled – Lloegr a Chymru	
Help gyda biliau'r Dreth Gyngor	
Arian pan fydd eich plentyn yn cyrraedd 16 oed	
Canllaw'r Gaeaf: help gyda biliau tanwydd a chadw'n gynnes	
<b>GWYBODAETH GYFFREDINOL TEULU</b>	
Poeni am eich plentyn? Gwybodaeth ar bwy all fedru help.	
Cymhorthion, Offer ac Addasiadau	
Pecyn Am Ddiagnosis (11 canllaw gwahanol ar faterion diagnosis mewn ffolder A5)	
Gwyliau, Chwarae a Hamdden	
<b>Cylchwch:</b> Perthynas Tadau Neiniau a Theidiau Brodyr a Chwirydd	
<b>Cylchwch:</b> Helpu eich plentyn i gysgu Bwydo a Bwyta Hyfforddiant Toiled/Defnyddio Pot	
<b>TYFU FYNY</b>	
Canllaw ar ddelio gyda bwlio: ar gyfer rhieni plant anabl	
Addysg Rhyw a Pherthynas ar gyfer pobl ifang gydag anableddau corfforol: llyfryn i athrawon	
Tyfu fyny, rhyw a perthynas: llyfryn ar gyfer pobl ifanc anabl	
Tyfu fyny, rhyw a pherthynas: llyfryn i gefnogi rhieni pobl ifanc anabl	
Paratoi ar gyfer bywyd fel oedolyn/pontio: dynodi'r prif feysydd y dylai rhieni a phobl ifanc eu hystyried	
<b>GWYBODAETH GYFFREDINOL</b>	
Taflen ddiweddaraf dangosiadau ffilm Cyswllt Teulu Cymru	
Canfod Gwybodaeth Feddygol ar y Rhyngwyd	
Gwasanaethau i Blant Anabl yn Lloegr a Chymru	

Dychwelwch y ffurflen yma i Cyswllt Teulu, 33-35 Heol y Gadeirlan, Caerdydd, CF11 9HB  
neu ein ffonio ar 029 2039 6624 neu e-bost [wales.office@cafamilys.org.uk](mailto:wales.office@cafamilys.org.uk)

**Mae manylion nifer o gyhoeddiadau Cymraeg ac ar-lein yn unig ar gael ar ein gwefan**