

SureStart

Sure Start is a Government Project to improve the health and well-being of families and children before and from birth until four, so that children flourish at home and when they go to school. It does this by:

- improving social and emotional development
- improving health
- improving children's ability to learn
- strengthening families and communities

Ealing Contact a Family are actively involved in Ealing Sure Start projects. We are members of the Partnership Board and the Management Board representing the views and issues of parents of disabled children in these areas.

If you live in the Sure Start areas of Acton and Northolt and would like to find out more about the groups and activities that you could benefit from then do contact us.

Ealing Contact a Family

St Andrew's Church Centre
Mount Park Road
Ealing
W5 2RS

Tel: 020 8810 8151
Email: ealing@cafamily.org.uk
9am - 5pm
Website www.cafamily.org.uk

National Freephone Helpline
0808 808 3555
Mon - Fri 10am - 4pm

We are supported by

- Ealing Council
- European Social Fund
- BBC Children In Need
- Sure Start
- Capital Radio Help a London Child



Contact a Family Registered Charity No. 248912
Company Limited by Guarantee No. 1633333
Registered Office:
209/211 City Road, London EC1V 1JN
Tel: 020 7608 8700

Does Your Child Have a Disability or Special Need?



HOW EALING CONTACT A FAMILY CAN HELP...

contact a family
for families with disabled children

020 8810 8151

Ealing Contact a Family support families who have children with any disability or special need between the ages 0-19. The Project has been working successfully with parents in Ealing since 1979 and continues to go from strength to strength with a membership of over 260 families.

The project is part of a national organisation who campaign to raise awareness of the needs of parents who have disabled children. Providing information to parents and professionals through the National Freephone Helpline, Contact a Family Directory and the website, in addition to a wide range of publications.

The Ealing Equal programme of pre-vocational training is in collaboration with Action for Carers and Employment (ACE). This is part of a national initiative enabling us to promote work life balance for carers and employers, and to provide opportunities for access to work and further education. The ACE Development Partnership is part funded by the European Social Fund under the Equal Community Initiative Programme.

We have attained Quality Mark accreditation from the Legal Services Commission, which focuses on attaining standards of excellence in delivery of information advice and advocacy.

We support families in many ways...

Advice and Information

- Disability Living Allowance and Invalid Carers Allowance, form filling and guidance
- Housing and Education
- Free Internet Access
- Factsheets and publications
- Practical on-line information at Contact a Family's website www.cafamily.org.uk
- Regular Newsletters
- Liaison with Social Services, Education, Health and other services
- Appointments at home or at our office

Activities

- Summer Playscheme for children with disabilities and siblings aged 3-8
- Parties and outings

Volunteering and Work Experience

- Playworkers for the playscheme
- Parent and child support sitting service
- Work placement opportunities

We bring parents together...

Parent Link

- Monthly meetings to provide an opportunity for parents to meet
- A place to find mutual support and exchange information
- Various subjects are covered practical and informative; eg transition, benefits, behaviour. Sessions to think about caring for yourself; eg reflexology, art therapy, massage
- Free for Parent Members

Carers & Employment Project (Equal)

- Pre vocational training
- How to access education, training and employment
- Confidence Building
- Assertiveness Training
- CV workshops
- Introduction to computers
- City & Guilds On Line Training