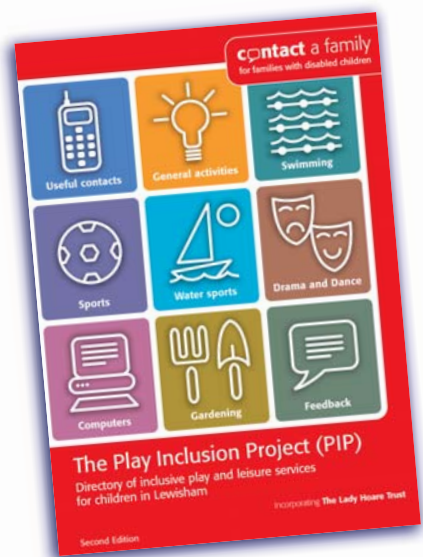


Play and Inclusion Project (PIP)

The Children with Disabilities Play Inclusion Project aims to help disabled children access more play and leisure facilities in the following ways:

- We provide information on play and leisure facilities in Lewisham as well as liaising with services to ensure children have access and support.
- We hold regular parent discussion groups.
- We offer free training and advice on inclusive play to services across the borough that provide specialist or mainstream activities for children and young people.
- We work with all play providers towards an inclusive play policy and strategy for Lewisham.
- We produce the Directory of Inclusive Play and Leisure services for disabled children and young people in Lewisham.



contact a family
for families with disabled children

For further information and membership pack you can contact us by visiting our office between Mon-Fri, 9am-5pm

Lewisham Contact a Family

1 Forman House
Frensbury Road, London
SE4 2LB

Tel: **020 7635 6333**

Fax: **020 7732 8494**

e-mail: **lewisham.office@cafamily.org.uk**

Website: **www.cafamily.org.uk/lewisham**

Contact a Family

Freephone Helpline: **0808 808 3555**

Mon-Fri, 10am-4pm and Mon 5.30-7.30pm

Textphone: **0808 808 3556**

Website: **www.cafamily.org.uk**

Contact a Family Lewisham can only exist due to the generosity of many people and organisations including: Lewisham Early Years Service, Lewisham Children's Fund, Lewisham Carers and Integration Grant, European Social Fund, other local and national charities and donations from members, individuals and local groups.



Registered Office: 209-211 City Road,
London EC1V 1JN
Registered Charity Number: 284912
Company limited by guarantee
Registered in England and Wales No. 1633333
VAT Registration No. GB 749 3846 82



Lewisham Contact a Family

My son enjoyed mixing with other children. He had a brilliant time. It made me happy and relaxed to see him having so much fun.

Lewisham Contact a Family

We are a well-respected local project working with any families who have a child or children (up to 19 years of age) with any disability or additional needs living in the borough of Lewisham.

Parents and carers can refer themselves directly to us or can ask a supporting professional to make a referral. New families are sent a membership information pack and invited to come to a members' social event where they can meet the staff and other members and hear about the kind of services we provide.

Our main aim is to put families in touch with each other in order to provide mutual support. We do this through our various projects, activities and direct family work.

We are part of Contact a Family UK which is the only UK-wide charity providing advice, information and support to parents of all disabled children – no matter what their disability or health condition. Each year we reach at least 275,000 families.

Information, advice & support

- We give information on issues relating to a child's additional needs, benefits, social services, education, grants and other support.
- We liaise with social services, education and other statutory and voluntary agencies on behalf of parents and carers.
- We have a resources area with a telephone, photocopier and computer, as well as a collection of factsheets, Contact a Family publications, and information on local and national services.
- We produce a regular newsletter which includes future events, latest news and reviews, local and national news, members' contributions and lots of fun photos.
- We have workshops for members on issues of concern to parents and carers.



Activities

- We offer a range of activities that are heavily subsidised, so they are accessible to all our members.
- We run a weekly Saturday swimming session for the whole family at Wavelengths, Deptford.
- Every year we go away for a weekend to Noah's Ark Children's Venture at Macaroni Wood in the Cotswolds.
- We operate a programme of events and outings throughout all the school holidays.
- We support families to attend other local activities.

It was great to meet up with other families and have a lovely day out together – a real treat.